



Southwest High School Activity Dates 2023-2024

[Athletic Forms and Registration](#) are now online.

Registration must be completed prior to participating in any sport, including practice, games, or meets.
Code meetings will be held for individual sports.

WINTER SPORTS DATES

| Sport | Earliest Day to Practice | Regionals | Sectionals | State |
|---------------------------|--------------------------|---------------------|-----------------------|-----------------------|
| Basketball (Boys) | November 13 | Feb 27, March 1 & 2 | March 7 & 9 | March 14 - 15 - 16 |
| Basketball (Girls) | November 6 | February 20, 23, 24 | February 29 & March 2 | March 7 - 8 - 9 |
| Swim (Boys United) | November 13 | N/A | February 9 - 10 | February 16 – 17 |
| Wrestling (United) | November 13 | February 10 | February 17 | February 22 - 23 - 24 |

Basketball (Boys): Tryouts will be held November 13th - 15th. Cuts will be made on November 16th. For more information, contact Head Coach [Rodney Owens](#).

Basketball (Girls): Practice begins Monday Nov 6th. Team assignments will be made by Wednesday Nov 9th end of practice. For more information, contact Head Coach [Corey Girdaukas](#).

Swim (Boys United): Practice begins November 13 at the Southwest High School Pool. For more information contact Head Coach [Terry Kreuser](#).

Wrestling (Southwest/West co-op): Wrestling (Southwest/West/East co-op): Open mats every Tuesday & Thursday from 3:30-5pm in the GB West Wrestling Room. Preseason Information meeting for interested athletes at SW on 10/18 at 3:15pm. Body fat tests for Athletes 10/26 & 11/1 @ West High directly following school. For more information contact Head Coach [Luke Ortscheid](#).